

# OVERNIGHT PACKING LIST

## BRING THE FOLLOWING ITEMS

### CLOTHING

- Daily Clothing (appropriate for sports & outdoor activities RAIN or SHINE)
- Evening Clothing (warmer layers for campfire, long sleeves, long pants)
- Pajamas
- Dress Attire for Mass (just above the knee length shorts or skirt, dress or shirts with sleeves, clean footwear NO flip flops for Mass)
- Cabin slides, slippers, or sandals
- One piece swimsuit or tankini
- Hat

### OTHER MUST BRING ITEMS

- Mess Kit** (plastic or metal plate, bowl, glass, fork, knife and spoon in a mesh bag to hang)
- Sleeping Bag & Pillow (bedding sets are discouraged as sleeping bags are more compact and easy to transport)
- Compact Sleeping Mat or Pad (bunk beds are canvas slings, not mattresses)
- Flashlight / Lantern (no electricity within cabins)
- Towel
- Toiletries - Keep it Simple! (hairbrush, toothbrush, toothpaste, lotion, shampoo / conditioner, soap)
- Sunscreen, Bug Spray
- Water Bottle
- Rosary
- Sunglasses

### MEDICATIONS

- Personal Medications (pack any and all medication in its ORIGINAL packaging and bring them to camp in a ziplock bag labeled with your FULL NAME - ensure you have included these details on the medical form)

### DO NOT BRING THE FOLLOWING

- Electronic devices/tablets/magazines There is NO electricity in the cabins, if your daughter brings any of these items they will be asked to give it to their group leader at the beginning of camp. These items don't promote group activities and are not welcome at camp. We appreciate your co-operation.
- Inappropriate Clothing We encourage an environment of elegance and modesty, so we ask that you please not bring strapless or spaghetti strap tank tops, tight or transparent clothing, bikinis, short shorts, etc.)
- Food Complete and well-balanced meals and snacks will be served.